

Coon Rapids vs Maple Grove - 10/5/2023

Results - Swimming and Diving

Event 1 Girls 200 Yard Medley Relay Junior Varsity

Team	Relay	Finals Time
1 MPGR	A	2:23.07
1) Lila AbuAyed 10	2) Anna Vemuri 9	
3) Eva Ronshaugen 11	4) Ally Kellner 12	
35.26 43.87	34.80 29.14	
2 MPGR	B	2:25.32
1) Brielle Kaldor 10	2) Ella Van Kirk 7	
3) Jacqueline Cadwell 7	4) Kyleigh Cederstrom 9	
36.86 43.49	34.95 30.02	
3 MPGR	C	x2:36.29
1) Olivia Banzhof 11	2) Macy Noble 11	
3) Kara Adams 10	4) Bella Anderson 8	
37.05 43.41	43.92 31.91	
4 CRPD	A	3:02.43
1) Madeline Romano 07	2) Mary Carter 10	
3) Joy Thao 09	4) Caitlin Davis 10	
52.15 50.10	48.67 31.51	
--- MPGR	D	X2:26.73
1) Jayden Williams 9	2) Harper Marschke 9	
3) Coco Broveleit 7	4) Ria De Looze 10	
37.84 42.62	35.94 30.33	

Event 2 Girls 200 Yard Medley Relay Varsity

Pool Record: 1:42.99 * 2020	Andover
G. Rabb, C. Pawlaski, E. Pawlaskie, E. Groebner	
CR School: 1:52.62 # 2019	Coon Rapids
L. Makar, M. Schultze, E. Hacker, T. King	

Team	Relay	Finals Time
1 MPGR	A	2:00.08 8
1) Olivia Plude 12	2) Sarah Kahl 12	
3) Maddie Hetland 10	4) Kaya Flaherty 11	
32.18 34.02	28.33 25.55	
2 MPGR	B	2:07.60 4
1) Mia Johnson 12	2) Charlotte Woods 11	
3) Lily Peterson 8	4) Molly Menning 9	
34.01 35.89	29.47 28.23	
3 MPGR	C	x2:12.76
1) Annaliese Mayer 8	2) Brigit Ann Freese 10	
3) Evie Nelson 9	4) Clara Hughes 9	
35.10 36.35	33.13 28.18	
4 CRPD	B	2:23.63 2
1) Lillie Moulton 07	2) Emily Loven 09	
3) Lily Brummett 12	4) Tyler Schutta 08	
36.59 41.04	34.32 31.68	
--- MPGR	D	X2:18.23
1) Sophie Nelson 9	2) Cana Gaedke 9	
3) Alyssa Pearson 10	4) Genevieve Cadwell 10	
35.17 41.78	31.71 29.57	
--- CRPD	A	DQ
1) Lillian DeFoe 10	2) Evelyn Altepeter 09	
3) Elizabeth Hoggarth 11	4) Gabrielle Lewis 11	
32.10 38.56	33.66 28.72	

Event 3 Girls 200 Yard Freestyle Junior Varsity

Name	YrSchool	Finals Time
1 Heidi Buchanan	12 MPGR	2:12.16
30.12 33.65	34.23 34.16	

2 Vedika Thapa	10 MPGR	2:23.14
32.53 36.28	36.98 37.35	
3 Paige Jerabek	10 MPGR	2:24.51
31.97 35.70	38.32 38.52	
4 Mary Carter	10 CRPD	3:07.82
42.80 48.51	49.51 47.00	
--- Claire Germscheid	10 MPGR	X2:23.22
32.65 36.77	38.09 35.71	

Event 4 Girls 200 Yard Freestyle Varsity

Pool Record: 1:51.97 * 2008	Emily Blasko	
CR School: 1:52.66 # 2020	Megan Schultze	
Name	YrSchool	Finals Time
1 Libby Bakker	11 MPGR	1:59.29 6
27.39 30.80	31.18 29.92	
2 Sarah Kahl	12 MPGR	2:14.84 4
31.36 34.31	34.99 34.18	
3 Gabrielle Lewis	11 CRPD	2:17.63 3
31.56 35.70	36.24 34.13	
4 Molly Carlson	10 MPGR	2:18.89 2
32.11 36.08	35.39 35.31	
5 Ella Noe	12 CRPD	2:22.19 1
32.92 35.51	36.56 37.20	
6 Lily Brummett	12 CRPD	2:41.56
35.35 41.52	43.63 41.06	
--- Lauren Harens	10 MPGR	X2:18.79
31.61 35.05	36.22 35.91	

Event 5 Girls 200 Yard IM Junior Varsity

Name	YrSchool	Finals Time
1 Lillie Moulton	07 CRPD	3:00.02
41.79 44.90	55.97 37.36	
2 Mariah Renken	11 MPGR	3:08.18
37.70 46.95	58.25 45.28	
3 Caitlin Davis	10 CRPD	3:14.93
48.16	42.44	
4 Tanya Sai	9 MPGR	3:29.59
55.09 48.18	59.48 46.84	
--- Lilly Stephens	9 MPGR	X2:58.55
39.23 46.11	51.83 41.38	

Event 6 Girls 200 Yard IM Varsity

Pool Record: 2:00.03 * 2017	Isabelle Stadden	
CR School: 2:03.06 # 2020	Megan Schultze	
Name	YrSchool	Finals Time
1 Brigit Ann Freese	10 MPGR	2:30.71 6
32.59 39.73	42.98 35.41	
2 Clara Hughes	9 MPGR	2:31.86 4
32.60 38.38	47.59 33.29	
3 Emily Loven	09 CRPD	2:42.30 3
35.77 40.75	50.66 35.12	
4 Jordyn Freeman	8 MPGR	2:42.84 2
33.62 39.57	54.03 35.62	
5 Lillian DeFoe	10 CRPD	2:49.38 1
35.91 39.22	54.93 39.32	
6 Evelyn Altepeter	09 CRPD	2:53.01
39.04 45.60	48.38 39.99	
--- Annaliese Mayer	8 MPGR	X2:34.26
34.36 39.63	45.21 35.06	

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Event 7 Girls 50 Yard Freestyle Junior Varsity

Name	YrSchool	Finals Time
1 Kyleigh Cederstrom	9 MPGR	30.20
2 Jacqueline Cadwell	7 MPGR	30.70
3 Kara Adams	10 MPGR	30.96
4 Madeline Romano	07 CRPD	37.21
5 Joy Thao	09 CRPD	37.31
6 Basima Abuisnaineh	09 CRPD	40.45
--- Macy Noble	11 MPGR	X30.11
--- Naomi Flavin	10 CRPD	X54.92

Event 8 Girls 50 Yard Freestyle Varsity

Name	YrSchool	Finals Time
1 Mia Johnson	12 MPGR	29.11 6
2 Elizabeth Hoggarth	11 CRPD	29.78 4
3 Evie Nelson	9 MPGR	30.02 3
4 Brielle Kaldor	10 MPGR	30.61 2
5 Tyler Schutta	08 CRPD	30.62 1
6 Bella Barden	09 CRPD	36.66
--- Olivia Banzhof	11 MPGR	X29.84

Event 9 Girls 1 mtr Diving Junior Varsity

Name	YrSchool	Finals Score
1 Mya Johnson	11 MPGR	173.40
--- Sara Hawj	07 CRPD	X33.25
--- Hailey Nowlan	10 CRPD	X26.70

Event 10 Girls 1 mtr Diving Varsity

Name	YrSchool	Finals Score
1 Ellis Landry	10 MPGR	229.35 6
2 Julia Marlin	9 MPGR	169.70 4
3 Whitney Kowalski	12 MPGR	144.50 3
4 Rebekah Witcke	11 CRPD	116.85 2

Event 11 Girls 100 Yard Butterfly Junior Varsity

Name	YrSchool	Finals Time
1 Mia Johnson	12 MPGR	1:09.91
32.31 37.60		
2 Alyssa Pearson	10 MPGR	1:11.73
33.72 38.01		
3 Eva Ronshaugen	11 MPGR	1:25.72
39.19 46.53		
--- Sophie Nelson	9 MPGR	X1:12.25
34.06 38.19		
--- Cana Gaedke	9 MPGR	X1:15.11
34.82 40.29		
--- Anna Vemuri	9 MPGR	X1:23.73
37.85 45.88		
--- Ella Van Kirk	7 MPGR	X1:30.88
43.31 47.57		
--- Summer Glover	9 MPGR	X1:37.48
42.80 54.68		

Event 12 Girls 100 Yard Butterfly Varsity

Name	YrSchool	Finals Time
1 Kaya Flaherty	11 MPGR	59.58 6
28.35 31.23		
2 Morgan Thompson	9 MPGR	1:03.56 4
30.09 33.47		
3 Sarah Kahl	12 MPGR	1:05.59 3
30.82 34.77		
4 Gabrielle Lewis	11 CRPD	1:14.93 2
34.02 40.91		
5 Bella Barden	09 CRPD	1:40.94 1
47.17 53.77		
--- Clara Hughes	9 MPGR	X1:08.68
32.77 35.91		

Event 13 Girls 100 Yard Freestyle Junior Varsity

Name	YrSchool	Finals Time
1 Jayden Williams	9 MPGR	1:08.39
31.90 36.49		
2 Coco Broveleit	7 MPGR	1:10.48
32.41 38.07		
3 Ria De Looze	10 MPGR	1:17.77
38.52 39.25		
4 Madeline Romano	07 CRPD	1:24.71
40.34 44.37		
5 Basima Abuisnaineh	09 CRPD	1:30.38
42.08 48.30		
6 Naomi Flavin	10 CRPD	1:57.87
54.17 1:03.70		
--- Bella Anderson	8 MPGR	X1:18.14
36.82 41.32		

Event 14 Girls 100 Yard Freestyle Varsity

Name	YrSchool	Finals Time
1 Molly Menning	9 MPGR	58.66 6
27.97 30.69		
2 Lily Peterson	8 MPGR	59.27 4
29.29 29.98		
3 Jordin Freeman	8 MPGR	1:00.78 3
29.22 31.56		
4 Lillian DeFoe	10 CRPD	1:03.55 2
30.17 33.38		
5 Ella Noe	12 CRPD	1:04.81 1
30.94 33.87		
--- Lauren Harens	10 MPGR	X1:02.60
29.47 33.13		

Event 15 Girls 500 Yard Freestyle Junior Varsity

Name	YrSchool	Finals Time
1 Ally Kellner	12 MPGR	6:18.14
33.28 37.76 38.94 39.18		
38.95 38.35 39.13 39.12		
38.70 34.73		

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(Event 15 Girls 500 Yard Freestyle Junior Varsity)

Name	Yr	School	Finals Time	
2 Olivia Plude	12	MPGR	6:20.46	
33.66	37.60	39.04	39.65	
39.25	38.76	38.87	39.19	
38.40	36.04			
3 Paige Jerabek	10	MPGR	6:32.49	
33.91	38.42	39.68	40.10	
40.25	40.35	40.43	40.32	
40.08	38.95			
--- Heidi Buchanan	12	MPGR	X6:08.94	
31.98	35.39	36.59	36.85	
36.67	37.04	37.62	38.43	
39.08	39.29			
--- Vedika Thapa	10	MPGR	X6:18.65	
35.13	38.51	38.81	38.80	
38.07	39.10	38.96	38.68	
37.39	35.20			
--- Lila AbuAyed	10	MPGR	X6:26.23	
33.26	37.91	39.16	39.43	
39.24	39.68	40.04	40.03	
39.87	37.61			
--- Mariah Renken	11	MPGR	X7:53.22	
39.72	47.50	48.76	48.72	
48.85	49.29	49.24	48.62	
47.30	45.22			
--- Tanya Sai	9	MPGR	X8:25.22	
45.10	50.54	51.22	51.67	
52.19	53.34	52.72	50.98	
50.73	46.73			

Event 16 Girls 500 Yard Freestyle Varsity

Name	Yr	School	Finals Time	
1 Maddie Hetland	10	MPGR	5:31.81 6	
30.59	33.08	33.92	33.63	
33.78	33.14	33.45	34.04	
33.65	32.53			
2 Kaya Flaherty	11	MPGR	5:42.86 4	
30.03	33.78	34.77	34.02	
34.51	34.87	35.06	35.54	
35.46	34.82			
3 Charlotte Woods	11	MPGR	6:13.34 3	
32.35	35.42	37.58	38.63	
38.61	38.23	38.51	38.74	
39.13	36.14			
4 Elizabeth Hoggarth	11	CRPD	6:24.80 2	
33.01	37.55	38.91	39.51	
38.97	39.45	40.51	39.47	
39.02	38.40			
5 Emily Loven	09	CRPD	6:27.03 1	
34.11	38.79	39.69	39.29	
39.41	39.01	40.20	40.13	
39.06	37.34			

--- Evie Nelson	9	MPGR	X5:57.89	
31.81	35.64	35.53	36.50	
36.81	36.60	36.60	36.56	
36.85	34.99			

Event 17 Girls 200 Yard Freestyle Relay Junior Varsity

Team	Relay	Finals Time	
1 MPGR	B	2:02.34	
1) Jacqueline Cadwell 7	2) Jayden Williams 9		
3) Ria De Looze 10	4) Molly Carlson 10		
31.88	31.08	31.28	28.10
2 MPGR	D	2:03.37	
1) Kyleigh Cederstrom 9	2) Coco Broveleit 7		
3) Macy Noble 11	4) Claire Germscheid 10		
30.54	32.57	30.81	29.45
3 MPGR	C	x2:08.03	
1) Kara Adams 10	2) Harper Marschke 9		
3) Lilly Stephens 9	4) Cana Gaedke 9		
30.07	34.11	33.72	30.13
4 CRPD	A	3:02.00	
1) Basima Abuisnaineh 09	2) Mary Carter 10		
3) Naomi Flavin 10	4) Sara Hawj 07		
42.81	39.85	1:12.35	26.99
--- MPGR	A	X2:09.40	
1) Olivia Banzhof 11	2) Greta Banzhof 7		
3) Summer Glover 9	4) Brielle Kaldor 10		
29.77	33.87	34.18	31.58

Event 18 Girls 200 Yard Freestyle Relay Varsity

Pool Record:	1:37.86 * 2007	Wayzata
K Tomasovicova, S Deis, H Arseth, S Johnson		
CR School:	1:41.20 # 2020	Coon Rapids
M. Schultze, E. Hacker, E. Schmit, L. Maker		

Team	Relay	Finals Time	
1 CRPD	A	1:58.33	8
1) Elizabeth Hoggarth 11	2) Ella Noe 12		
3) Gabrielle Lewis 11	4) Lillian DeFoe 10		
30.34	30.04	29.62	28.33
2 CRPD	B	2:23.87	4
1) Lilee Moulton 07	2) Bella Barden 09		
3) Joy Thao 09	4) Caitlin Davis 10		
33.50	38.20	36.74	35.43
--- MPGR	A	X1:44.74	
1) Morgan Thompson 9	2) Lily Peterson 8		
3) Charlotte Woods 11	4) Libby Bakker 11		
26.05	27.16	26.62	24.91
--- MPGR	B	X1:52.74	
1) Molly Menning 9	2) Jordin Freeman 8		
3) Olivia Plude 12	4) Sarah Kahl 12		
28.41	28.78	28.15	27.40
--- MPGR	C	X1:55.05	
1) Lauren Harens 10	2) Brigit Ann Freese 10		
3) Clara Hughes 9	4) Heidi Buchanan 12		
28.59	28.14	33.24	25.08
--- MPGR	D	X2:02.13	
1) Vedika Thapa 10	2) Anna Vemuri 9		
3) Eva Ronshaugen 11	4) Alyssa Pearson 10		
30.70	32.55	29.86	29.02

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Event 19 Girls 100 Yard Backstroke Junior Varsity

Name	YrSchool	Finals Time
1 Sophie Nelson	9 MPGR	1:13.02
35.81	37.21	
2 Ally Kellner	12 MPGR	1:18.01
37.03	40.98	
3 Annaliese Mayer	8 MPGR	1:19.39
38.44	40.95	
4 Rebekah Witcke	11 CRPD	1:41.78
48.25	53.53	
--- Lila AbuAyed	10 MPGR	X1:15.42
36.68	38.74	
--- Mary Carter	10 CRPD	DQ
59.88	1:00.62	

Event 20 Girls 100 Yard Backstroke Varsity

Name	YrSchool	Finals Time
1 Lilee Moulton	07 CRPD	1:24.53 6
41.36	43.17	
2 Tyler Schutta	08 CRPD	1:29.67 4
42.88	46.79	
3 Lily Brummett	12 CRPD	1:31.59 3
44.07	47.52	
--- Libby Bakker	11 MPGR	X59.59
28.75	30.84	
--- Maddie Hetland	10 MPGR	X1:09.49
33.19	36.30	
--- Brigit Ann Freese	10 MPGR	X1:13.57
35.85	37.72	
--- Macy Noble	11 MPGR	X1:25.31
41.72	43.59	

Event 21 Girls 100 Yard Breaststroke Junior Varsity

Name	YrSchool	Finals Time
1 Genevieve Cadwell	10 MPGR	1:22.63
39.96	42.67	
2 Coco Broveleit	7 MPGR	1:31.92
42.77	49.15	
3 Lilly Stephens	9 MPGR	1:32.40
43.90	48.50	
4 Greta Banzhof	7 MPGR	x1:34.17
44.30	49.87	
5 Jacqueline Cadwell	7 MPGR	x1:35.11
45.66	49.45	
6 Ella Van Kirk	7 MPGR	x1:35.65
46.38	49.27	
7 Anna Vemuri	9 MPGR	x1:36.57
45.67	50.90	
--- Harper Marschke	9 MPGR	X1:37.40
46.01	51.39	

Event 22 Girls 100 Yard Breaststroke Varsity

Name	YrSchool	Finals Time
1 Evelyn Altepeter	09 CRPD	1:24.17 6
38.75	45.42	
2 Caitlin Davis	10 CRPD	1:34.67 4
45.74	48.93	
--- Morgan Thompson	9 MPGR	X1:13.78
35.62	38.16	
--- Molly Carlson	10 MPGR	X1:25.46
40.28	45.18	
--- Cana Gaedke	9 MPGR	X1:29.72
42.50	47.22	
--- Brielle Kaldor	10 MPGR	X1:31.67
44.22	47.45	

Event 23 Girls 400 Yard Freestyle Relay Junior Varsity

Team	Relay	Finals Time
1 MPGR	C	4:41.92
1) Mia Johnson 12	2) Mariah Renken 11	
3) Lilly Stephens 9	4) Vedika Thapa 10	
31.20	1:05.74	35.58
34.79	1:14.91	31.09
		1:16.91
		1:04.36
2 MPGR	B	4:43.46
1) Tanya Sai 9	2) Jayden Williams 9	
3) Claire Germscheid 10	4) Ally Kellner 12	
40.30	1:24.23	33.31
31.21	1:04.95	30.67
		1:10.31
		1:03.97
3 MPGR	D	x4:48.22
1) Paige Jerabek 10	2) Kara Adams 10	
3) Summer Glover 9	4) Evie Nelson 9	
32.91	1:07.93	33.37
36.04	1:19.24	32.32
		1:13.35
		1:07.70
4 CRPD	A	5:32.78
1) Bella Barden 09	2) Madeline Romano 07	
3) Basima Abuisnaineh 09	4) Evelyn Altepeter 09	
37.19	1:24.29	36.98
44.61	1:43.54	26.37
		1:21.12
		1:03.83
--- MPGR	A	X4:24.31
1) Olivia Banzhof 11	2) Kyleigh Cederstrom 9	
3) Alyssa Pearson 10	4) Olivia Plude 12	
31.73	1:06.58	33.02
30.10	1:04.30	30.60
		1:08.89
		1:04.54

Event 24 Girls 400 Yard Freestyle Relay Varsity

Team	Relay	Finals Time
1 CRPD	A	4:34.51 8
1) Emily Loven 09	2) Lily Brummett 12	
3) Tyler Schutta 08	4) Ella Noe 12	
31.91	1:07.03	34.01
34.02	1:10.02	31.17
		1:12.53
		1:04.93

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Results - Swimming and Diving

(Event 24 Girls 400 Yard Freestyle Relay Varsity)

Team	Relay	Finals Time
--- MPGR	A	X3:51.72
1) Morgan Thompson 9	2) Charlotte Woods 11	
3) Kaya Flaherty 11	4) Libby Bakker 11	
27.85 57.86	29.01 1:00.39	
26.51 56.53	27.02 56.94	
--- MPGR	B	X4:04.01
1) Jordyn Freeman 8	2) Lily Peterson 8	
3) Molly Menning 9	4) Maddie Hetland 10	
29.33 1:00.92	29.20 1:00.24	
29.02 1:00.67	29.31 1:02.18	
--- MPGR	D	X4:18.81
1) Lila AbuAyed 10	2) Eva Ronshaugen 11	
3) Annaliese Mayer 8	4) Genevieve Cadwell 10	
30.98 1:05.13	30.34 1:04.36	
30.68 1:04.60	31.07 1:04.72	
--- MPGR	C	X4:21.10
1) Lauren Harens 10	2) Molly Carlson 10	
3) Sophie Nelson 9	4) Heidi Buchanan 12	
31.78 1:06.57	30.48 1:04.04	
30.43 1:03.26	31.31 1:07.23	

Scores - Women

Women - Varsity - Team Rankings - Through Event 24	
1. Maple Grove	99
2. Coon Rapids	69